



# TRINITY MEDICAL CENTRE



## A CULTURE OF CARE

### *The Trinity Medical Team*

Trinity Medical Centre Limited was founded in January, 2017 and provides family, community and corporate medical services. Its quickly growing reputation for quality service at competitive rates has earned the trust of patients beyond the boundaries of the city of San Fernando.

Its friendly and professional staff, easy accessibility and family-oriented health care have ensured that Trinity Medical Centre is swiftly becoming a leader in the medical field. The varied expertise and laboratory services offered have secured their qualifications for insurance, industrial and corporate medical services.

In this regard, our staff offers compassionate and contemporary medical care while being mindful of the expediency required by customers. Patient satisfaction is priority; we value the services we provide for home visits, at the workplace and at the centre.

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# A COMPANY FOR THE PEOPLE

*Dr. Rajiv Maharaj*

## **1. Industrial:**

Oil and Gas UK Certification (OGUK), UK Offshore Operators Association (UKOOA) Certification, 3,5,7,10-point drug testing, spirometry, Vision Screening, Lung Function Tests (Spirometry), Alcohol Breathalyzer Test, Audiometry, Vision Screening, Occupational Rehabilitation and Physiotherapy, Fitness-for-Duty Examinations, Adult Trauma & Emergency Care.

## **2. Corporate:**

Pre-employment medicals, On-call Emergency Services, Executive, Employee and Insurance Medicals, Food Badge Certificates, Immigration Medicals, Employee Drug Testing, On site Employee Medicals, Vaccinations.

## **3. Domestic:**

Blood Tests (see attached), ECG, Urine analysis, Urine Culture, Wound Swabs, Wound Care, Cancer Screening, Pap Smear, Prostate Exam, Urine Catheter Change, Home visits, Palliative care, Physiotherapy, Minor Surgical Procedures (suturing, abscess drainage, removal of lumps)

"[AS A DOCTOR] PEOPLE WILL TRUST YOU, CONFIDE IN YOU, AND APPRECIATE YOUR EFFORTS. YOU CAN DO AMAZING THINGS FOR PEOPLE IF YOU DON'T LET THE SYSTEM GET YOU DOWN." "IN NOTHING DO MEN MORE NEARLY APPROACH THE GODS THAN IN GIVING HEALTH TO MEN."



## Occupational Health Services

- Medical Examination
- Annual and Periodic Surveillance Exams Fitness for-Duty Examinations Occupational Rehabilitation
- Audiometry
- Electrocardiogram
- Ishihara Test for Colour Blindness
- Spirometry
- OGUK/UKOOA Certification
- Vision Screening
- Alcohol (breath, blood and urine)
- Amphetamines (urine)
- Barbiturates (urine)
- Benzodiazepine (urine)
- Cannabinoids/Marijuana (urine)
- Cocaine (urine)
- Ecstasy (urine)
- Methadone (urine)
- Opiates Screen (urine)
- Phencyclidine (urine)



## Specialist Services

- Accident and Emergency Medicine
- Breast Surgery
- Cardiology
- Dermatology (Skin Conditions)
- Diabetes Specialist
- Dietitian
- Ear/Nose/Throat Services
- Endocrinology
- Family Medicine
- General Surgery (Ulcers, Gallbladder, Bowel)
- GP (General Medicine)
- Internal Medicine
- Obstetrics & Gynaecology
- Orthopaedics
- Occupational Medicine
- Paediatrics (Babies and Children)
- Physiotherapy
- Psychiatry (Mental Health)
- Psychology (Counselling)
- Radiology (Ultrasound Procedures, X-rays)
- Urology (Kidney, Bladder, Prostate Conditions)



**Dr. S. Islam**  
*General Surgery*

Brief Biography of Dr. Shariful Islam MBBS, DM, FACS, FASBrS  
Dr. S. Islam is a Consultant General, Laparoscopic and Specialized Breast Surgeon, presently attached with the San Fernando Teaching Hospital, Trinidad and Tobago. He is an Associate Lecturer, in the Department of Clinical Surgical Science, University of the West Indies, St. Augustine, Trinidad and Tobago. He had obtained his post graduate qualification "Doctorate degree (DM) in General Surgery" from the UWI. He has obtained fellowship training on oncoplastic breast surgery from Tata Memorial hospital, Mumbai, India as well from National University Hospital of Singapore.

He is a Fellow of the American College of Surgeons and American Association of Breast surgeon. He is also a member of the Society of the Surgeons, T&T and Caribbean College of Surgeons. He had published over 65 full articles and over 30 abstract in peer review Journal and numerous scientific presentations.

He had written 2 e book- on Rectal Prolapse, Phylloides Tumor; Several review articles and one book chapter on "Oncoplastic breast surgery". He is regular Reviewer over 8-10 Journal including BMJ case reports and section Editor in two Journals.

# MEET THE TRINITY MEDICAL TEAM

**Dr. Leon Diptee**

Director / General Practice

769-4821

**Dr. Rajiv Maharaj**

Director / General Practice

374-2640

**Dr. Brad Sahadeo**

Director / GP/ OGUK

certified

758-4986

**Dr. Mitra Maharaj**

General Practice

**Dr. Rondon Ramlal**

General Practice

**Dr. V. Siewnarine**

General Practice

**Dr. Ria Ramadoo**

Occupational Medicine

**Dr. Israel Dowlat**

Orthopaedics

**Dr. S. Islam**

General Surgery

**Dr. N. Dowlat**

Obstetrics & Gynaecology

**Dr. Krishan Ramsoobhag**

Urology and Uro-Oncology

**Dr. Narine Mack**

Internal Medicine &

Endocrinology

**Dr. Enal Maharaj**

Psychiatry

**Dr. Ria Rampaul**

Paediatrics

**Dr. Steven Sankar**

Radiology

**Dr. Shiva Tewari**

Dermatology

**Dr. Zada Hassanali**

Specialist Emergency

Medicine

**Anton Haranghee**

Physiotherapist

**Kristal Marceline**

Laboratory Manager /

Senior Technologist

**Shelly Anne Sookram**

Administrative

Assistant /Phlebotomist

**Lisa Ramyad**

Administrative Assistant

/Phlebotomist

*"Working with a team teaches you to be more accepting of others." - Marshall Albert, fifth grader*



# OUR PROPOSAL

## To Beacon Insurance

We at Trinity Medical Centre would like to offer to Beacon Insurance Company Limited, our Telemedicine Service.

Telemedicine refers to the practice of caring for patients remotely when the provider and patient are not physically present with each other. Modern technology has enabled doctors to consult patients by using modern conferencing tools.

### Pros of Telemedicine

#### More convenient, accessible care for patients

More accessible, convenient healthcare for patients is the driving force behind the telemedicine field. Telemedicine was originally developed in the U.S. as a way to address care shortages, especially in remote rural areas. Now telemedicine is used around the world, whether it's to provide basic healthcare in third-world countries or allow an elderly patient with mobility issues to see the doctor from home. Telemedicine has the power not only to break down typical geographical barriers to care access, but to make the entire healthcare delivery model more convenient to patients.

The U.S. spends over \$2.9 trillion on healthcare every year, more than any other developed nation. On top of that, an estimated \$200 billion of those costs are avoidable, unnecessary spending. Telemedicine has the power to cut our healthcare spending by reducing problems like medication non-adherence and unnecessary ER visits, and making typical doctor visits more efficient.

#### Extends access to consults from specialists

With telemedicine, a medical practice or hospital system can immediately expand access to niche medical specialists. This makes it easy for primary care doctors to consult medical specialists on a patient case, and for patients to see a needed specialist on a rare form of cancer, no matter their location. As another example, small hospitals without adequate radiology specialist on-staff can outsource evaluation of x-rays via telemedicine.

#### Increasing patient engagement

Today's patient lives in an increasingly connected world and expects a different kind of care experience. Telemedicine engages patients by allowing them to connect with their doctor more frequently, in a convenient way. That means more questions asked and answered, a stronger doctor-patient relationship, and patients who feel empowered to manage their care.

#### Better quality patient care

Telemedicine makes it easier for providers to follow-up with patients and make sure everything is going well. Whether they're using a more extensive remote patient monitoring system to watch the patient's heart, or doing a videochat to answer medication questions after a hospital discharge – telemedicine leads to better care outcomes.

### Our Rate:

For Every Client's First Call a \$50.00TT charge will be paid to Trinity Medical Centre

For every call after the first call a \$100.00TT charge would be paid to Trinity Medical

*(our rates are standard whether the call takes 5 minutes or 2 hours ensuring value for money)*



## CONTACT US

Address: 40-44 Sutton Street, San Fernando

Office: (868) 653-5855/360-8051

Mobile: 769-4821/758-4986/374-2640

Website: [www.trinitymedtt.com](http://www.trinitymedtt.com)

Email: [info@trinitymedtt.com](mailto:info@trinitymedtt.com)

Facebook: [@trinitymedtt](https://www.facebook.com/trinitymedtt)

Instagram: [@trinitymedtt](https://www.instagram.com/trinitymedtt)

